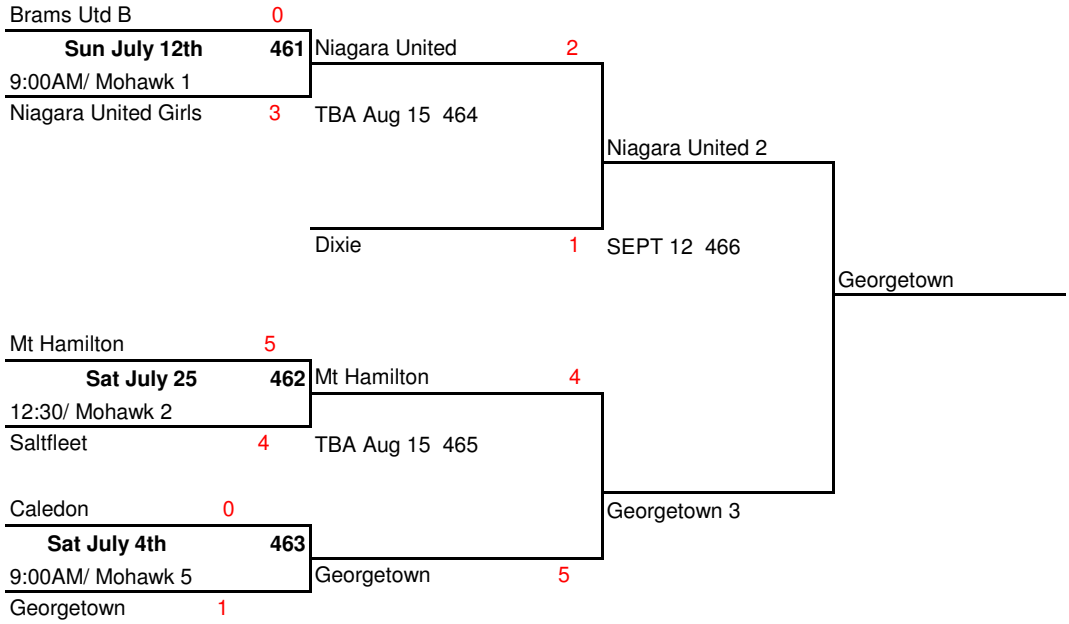2009 Premier 13 Girls